

## AUDIO FILES README

### GUITAR FINGERS – Essential Technique in Pictures

The book's accompanying audio files are available for download at CDBaby (link on [pelemeleworks.com](http://pelemeleworks.com)). They demonstrate the music exercises in the book.

Once downloaded, the audio files can be seen with nametags on media players (such as iTunes). Each track corresponds to one music exercise. The 183 tracks play in sequence, according to the chapter order. Tracks are played at a medium tempo, which can change from one exercise to the next and is indicated as a suffix to the title of the track. Measures that should be repeated (looped) are repeated once. Each track begins with four metronome clicks, regardless of time signature, giving the beat. Each track ends with one additional metronome click, marking the end of the bar.

*Some examples that don't call for a music demonstration are not part of the track list.*

The chosen metronome markings are amongst: 60 bpm, 80 bpm, 100 bpm, 120 bpm, 144 bpm.

Exceptions in select tracks:

In rare instances, an example is played more than twice, or two beats are inserted between examples, or, especially in the last chapter, additional metronome markings to those mentioned above are used.

The naming convention for the tracks is as follows:

