

CONTENTS

SCALE TUTORIAL

INTRODUCTION	6
SCALE LABORATORY	8
VISUALISING THE NECK	10
HOW TO USE THIS BOOK	11
WHY LEARN SCALES	12
SCALE CONSTRUCTION	13
SCALE TONES	14
MODES	15
HARMONISING IN THIRDS	21
SCALE ID TABLE	22
SCALE FACTS	23
SCALE AFFILIATION	24
VISUALISING SCALES	25
ROOT SHAPES	26
NOTE NAMES	26
ONE SCALE, MULTIPLE PATTERNS	27
ONE PATTERN, MULTIPLE MODES	28
OVERLAPPING PATTERNS	29
CONNECTING PATTERNS	30
ALTERNATE PATTERNS	31
EXTENDED PATTERNS	32
LABELLING PATTERNS	33
POSITION AND FINGERING	34
FINGERINGS ON A STRING	35
ALTERNATE FINGERINGS	36
SCALES ON A STRING	37
ALL THE WRONG NOTES	38
CASE STUDY	39
HOW TO PRACTISE SCALES	41
SCALE PERFORMANCE	42
POSITION PLAYING	43
SCALE-CHORD FOOTPRINTS	45
BREAKING OUT	46

SCALES

1. IONIAN (MAJOR SCALE)	48	104
2. DORIAN	50	104
3. PHRYGIAN	52	105
4. LYDIAN	54	105
5. MIXOLYDIAN	56	106
6. AEOLIAN (MINOR SCALE)	58	106
7. LOCRIAN	60	107
1. MELODIC MINOR	62	107
2. DORIAN \flat_2	64	108
3. LYDIAN AUGMENTED	66	108
4. LYDIAN DOMINANT	68	109
5. MIXOLYDIAN \flat_6	70	109
6. LOCRIAN \sharp_2	72	110
7. SUPER LOCRIAN	74	110
1. HARMONIC MINOR	76	111
2. LOCRIAN \sharp_6	78	111
3. IONIAN \sharp_5	80	112
4. DORIAN \sharp_4	82	112
5. PHRYGIAN DOMINANT	84	113
6. LYDIAN \sharp_2	86	113
7. SUPER LOCRIAN DIMINISHED	88	114
HARMONIC MAJOR	90	114
MINOR PENTATONIC	92	115
MAJOR PENTATONIC	94	115
BLUES	95	115
MAJOR BLUES	96	116
MIXOLYDIAN BLUES	97	116
WHOLE TONE	98	116
AUGMENTED	99	116
WHOLE-HALF	100	117
HALF-WHOLE	101	117
CHROMATIC	102	117

AT A GLANCE

SCALE CONSTRUCTION

THE MUSICAL ALPHABET

There are 12 notes in the musical alphabet: seven natural notes A B C D E F G and five sharp/flat notes $A\sharp/B\flat$, $C\sharp/D\flat$, $D\sharp/E\flat$, $F\sharp/G\flat$, $G\sharp/A\flat$, in between. The tonal distance—difference in pitch or interval—between a natural note and the next natural note is a whole step (W) or a half step (H). A sharp (\sharp) raises pitch by a half step, a flat (\flat) lowers pitch by a half step. The order of notes is always A-B-C-D-E-F-G-A. The hyphen “-” indicates a half step. Therefore between A-B, there is one whole step, between B-C, there is a half step, between $A\sharp$ -B or $B\flat$ -B, there is a half step.

THE MAJOR SCALE

A scale is a selection from these 12 notes in the musical alphabet: it's a note pool to draw from. For example, C-D-E-F-G-A-B-C is a selection of seven notes and makes up the C Major scale. Hyphens outline the tonal relationship between consecutive notes in the scale: W-W-H-W-W-W-H. If we apply this tonal relationship, starting on a note other than C, such as G, we have G-A-B-C-D-E-F-G, the G Major scale. Instead of writing this relationship in terms of W/H or note names, we can write it by assigning numbers—scale degrees—to each note in the scale. The Major scale becomes: 1-2-3-4-5-6-7-8. In C Major, 1 is C, 2 is D, 3 is E, etc. In G Major, 1 is G, 2 is A, 3 is B, etc. This formula defines the Major scale. Be it C Major, G Major, or any other Major scale, the notes in the scale change but the formula (scale degrees or W/H) remains the same.

8 is the same note as 1, an octave higher. It is customary to include it in the formula to underline the distance separating the last scale degree 7 and the octave 8. It is not an extra note in the scale. For the same reason, the tonic at the octave can be shown at the end of the notes in the scale (e.g., C added after B for C major).

OTHER EXAMPLES

The Natural Minor scale is a seven-note scale defined by the formula 1- \flat_2 -3-4-5- \flat_6 - \flat_7 -8. The C Minor scale is therefore C-D-E \flat -F-G-A \flat -B \flat -C. Starting on G, we build the G Minor scale made of G-A-B \flat -C-D-E \flat -F-G. The Minor Pentatonic scale is a five-note scale defined by the formula 1- \flat_3 -4-5- \flat_7 -8. If we apply this formula to C, we have C-E \flat -F-G-B \flat -C, the C Minor Pentatonic scale. Let's take the note C on string 5, fret 3 and roll out the W/H relationship defining the scale along that string (W+H)-W-W-(W+H)-W. We can repeat this operation, starting on the same note C on string 6, fret 8, this time rolling out the formula across multiple strings.

In a scale formula, scale degrees are compared to the Major scale formula. This is why in the Minor scale, scale degrees 3, 6, 7 are flattened with a \flat prefix, because they are a half step flat compared to their Major scale counterpart. This is also why in the Pentatonic scale, degrees are not numbered 1-2-3-4-5 but 1- \flat_3 -4-5- \flat_7 with scale degrees 2 and 6 being omitted.

MUSICAL ALPHABET

A - B - C - D - E - F - G - A
 $A - A\sharp/B\flat - B - C - C\sharp/D\flat - D - D\sharp/E\flat - E - F - F\sharp/G\flat - G - G\sharp/A\flat - A$

C MAJOR SCALE

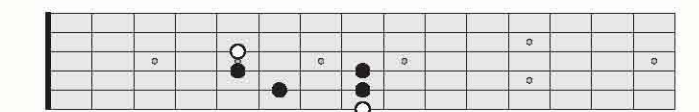
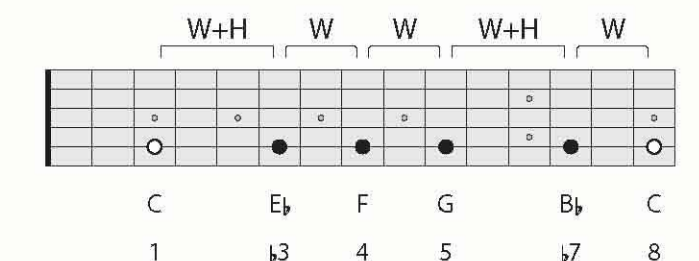
W W H W W W H steps
 C - D - E - F - G - A - B - C note names
 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 scale degrees

FOR ANY SCALE (NOT JUST THE MAJOR SCALE)
 the intervallic formula defines the scale and is always the same, in any key if a note belongs to the scale, it's *diatonic*, otherwise, it's *chromatic*

W W H W W W H
 G MAJOR SCALE G - A - B - C - D - E - F - G
 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8

W H W W H W W
 C MINOR SCALE C - D - E \flat - F - G - A \flat - B \flat - C
 1 - 2 - \flat_3 - 4 - 5 - \flat_6 - \flat_7 - 8

C MINOR PENTATONIC SCALE
 W+H W W W+H W
 C - E \flat - F - G - B \flat - C
 1 - \flat_3 - 4 - 5 - \flat_7 - 8



MODES PART 3

Copyrighted material

DEFINITIONS

MODES OF MAJOR

MODE	SCALE FORMULA	MODE NAME
1	1-2-3-4-5-6-7-8	Ionian
2	1-2-♭3-4-5-6-♭7-8	Dorian
3	1-♭2-♭3-4-5-♭6-♭7-8	Phrygian
4	1-2-3-♯4-5-6-7-8	Lydian
5	1-2-3-4-5-6-♭7-8	Mixolydian
6	1-2-♭3-4-5-♭6-♭7-8	Aeolian
7	1-♭2-♭3-4-♭5-♭6-♭7-8	Locrian

COMPARED TO MAJOR/MINOR
Major
Minor with ♯6
Minor with ♭2
Major with ♯4
Major with ♭7
Minor
Minor with ♭2, ♭5

STEP FORMULA
1-1-½-1-1-1-½
1-½-1-1-1-½-1
½-1-1-1-½-1-1
1-1-1-½-1-1-½
1-1-½-1-1-½-1
1-½-1-1-½-1-1
½-1-1-½-1-1-1

RELATIVE AND PARALLEL APPROACHES

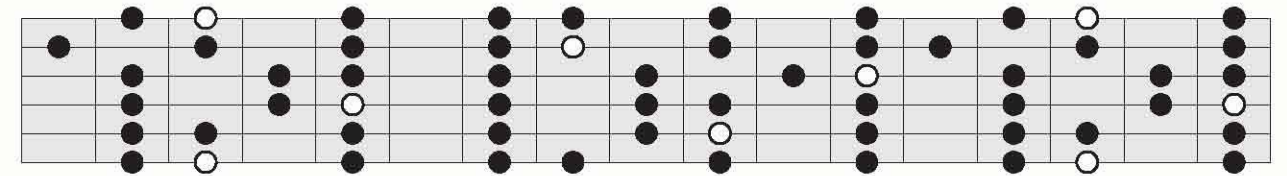
LOCRIAN								1	♭2	♭3	4	♭5	♭6	♭7	8	} RELATIVE APPROACH
AEOLIAN				1	2	♭3	4	5	♭6	♭7	8					
MIXOLYDIAN			1	2	3	4	5	6	♭7	8						
LYDIAN		1	2	3	♯4	5	6	7	8							
PHRYGIAN	1	♭2	♭3	4	5	♭6	♭7	8								
DORIAN	1	2	♭3	4	5	6	♭7	8								
IONIAN	1	2	3	4	5	6	7	8	2	3	4	5	6	7	15	
DORIAN	1	2	♭3	4	5	6	♭7	8								
PHRYGIAN	1	♭2	♭3	4	5	♭6	♭7	8								
LYDIAN	1	2	3	♯4	5	6	7	8								
MIXOLYDIAN	1	2	3	4	5	6	♭7	8								
AEOLIAN	1	2	♭3	4	5	♭6	♭7	8								
LOCRIAN	1	♭2	♭3	4	♭5	♭6	♭7	8								
																} PARALLEL APPROACH

EXAMPLE WITH C

B LOCRIAN								B	C	D	E	F	G	A	B	} SAME NOTES (PARENT SCALE C IONIAN)
A AEOLIAN				A	B	C	D	E	F	G	A					
G MIXOLYDIAN			G	A	B	C	D	E	F	G						
F LYDIAN		F	G	A	B	C	D	E	F							
E PHRYGIAN		E	F	G	A	B	C	D	E							
D DORIAN	D	E	F	G	A	B	C	D								
C IONIAN	C	D	E	F	G	A	B	C								
C DORIAN	C	D	E♭	F	G	A	B♭	C								
C PHRYGIAN	C	D♭	E♭	F	G	A♭	B♭	C								
C LYDIAN	C	D	E	F♯	G	A	B	C								
C MIXOLYDIAN	C	D	E	F	G	A	B♭	C								
C AEOLIAN	C	D	E♭	F	G	A♭	B♭	C								
C LOCRIAN	C	D♭	E♭	F	G♭	A♭	B♭	C								
																} SAME TONAL CENTRE (NOTE C)

OVERLAPPING PATTERNS

IONIAN (MAJOR)

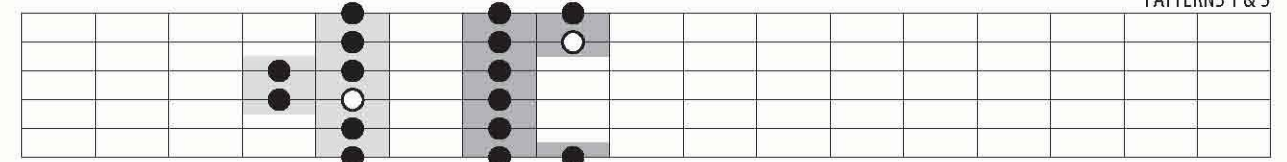


PATTERN 1



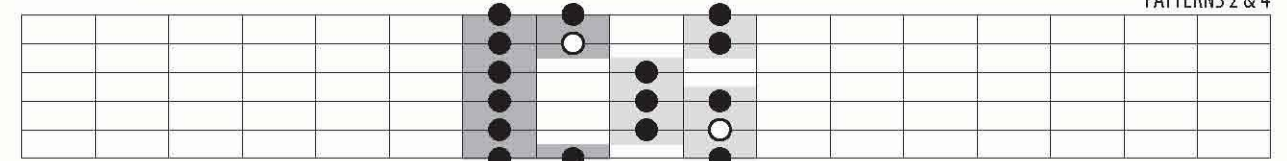
MADE FROM PATTERNS 5 & 2

PATTERN 2



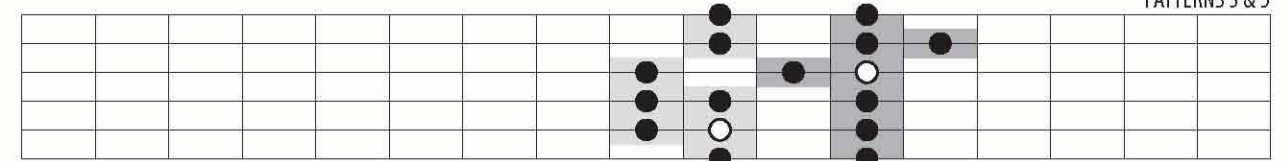
MADE FROM PATTERNS 1 & 3

PATTERN 3



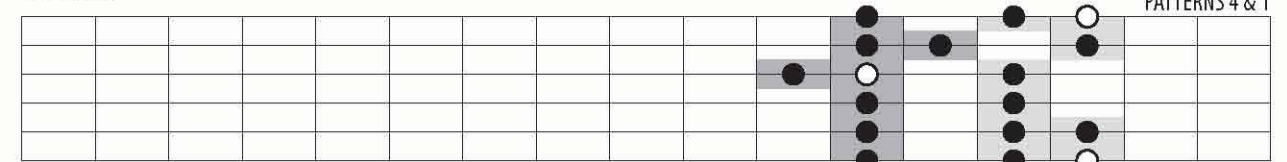
MADE FROM PATTERNS 2 & 4

PATTERN 4



MADE FROM PATTERNS 3 & 5

PATTERN 5



MADE FROM PATTERNS 4 & 1

PATTERN 1



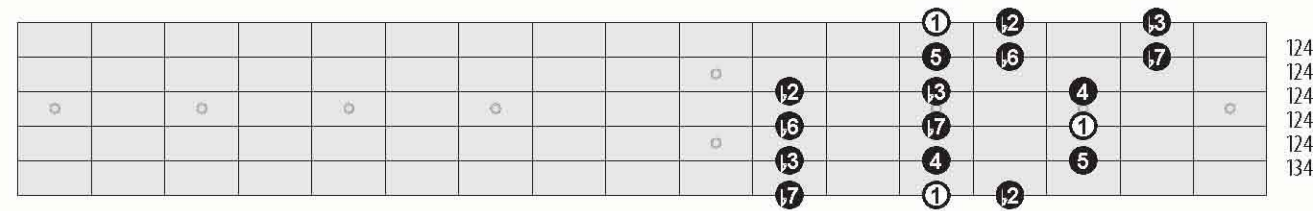
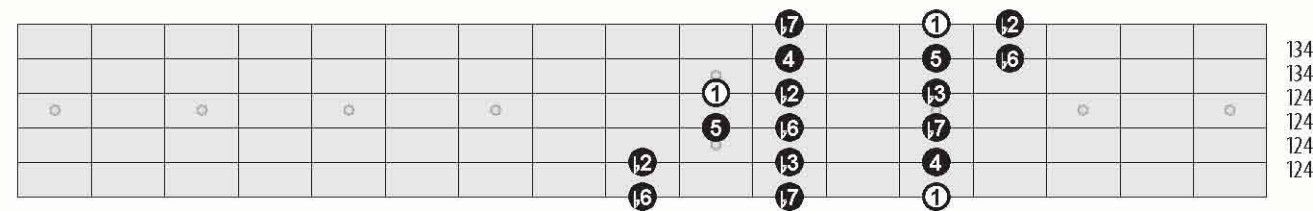
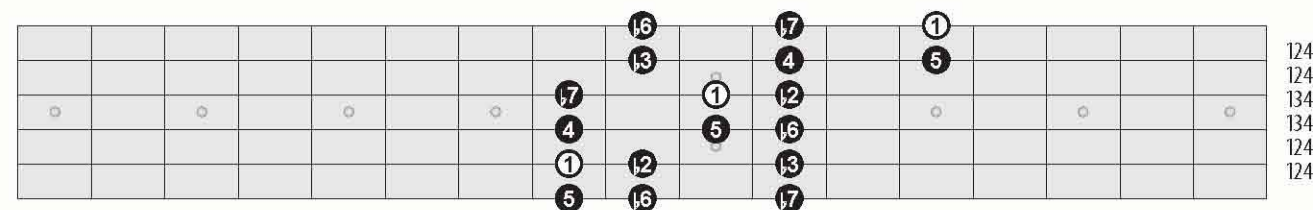
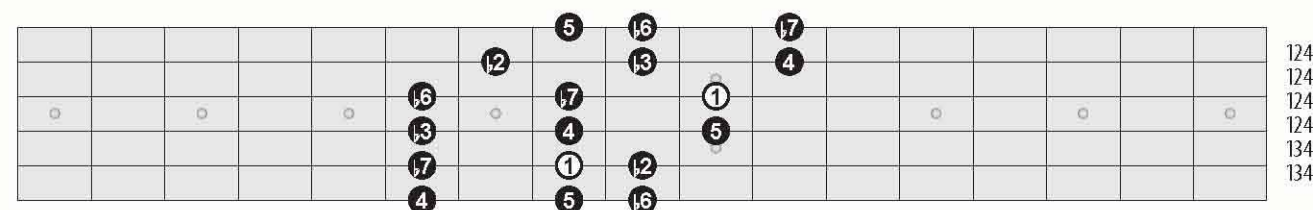
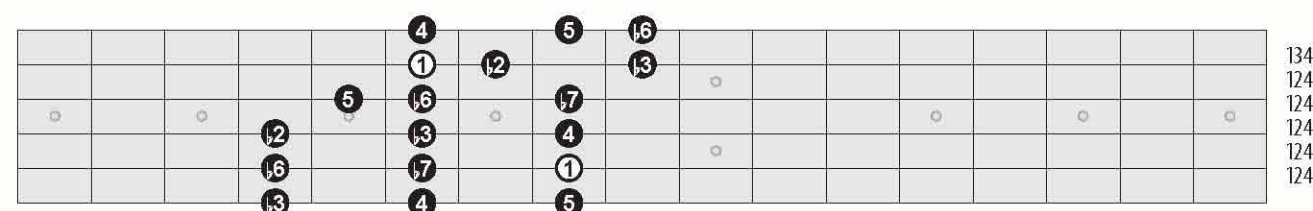
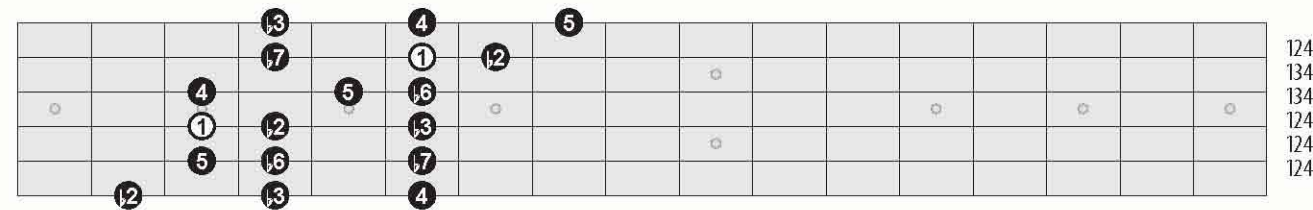
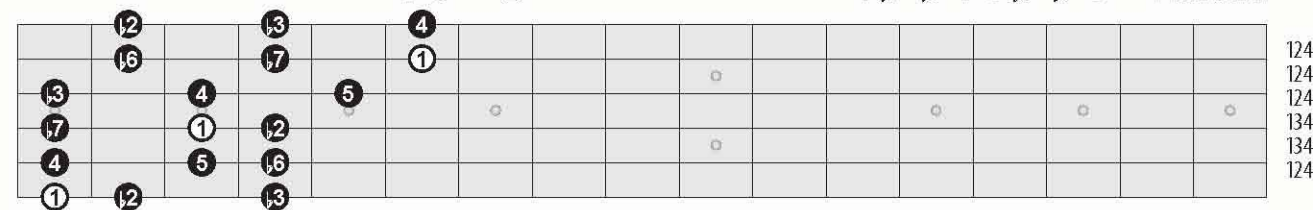
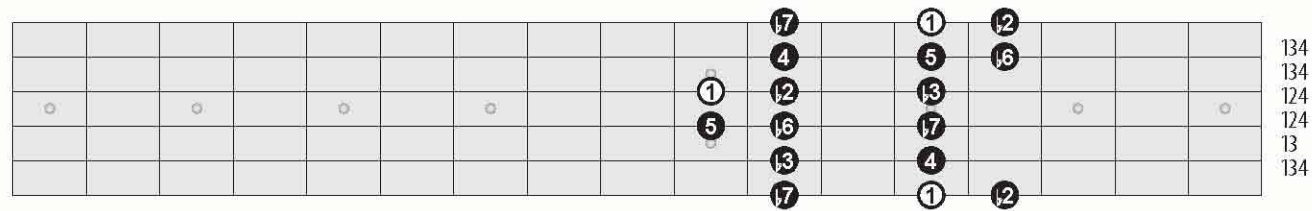
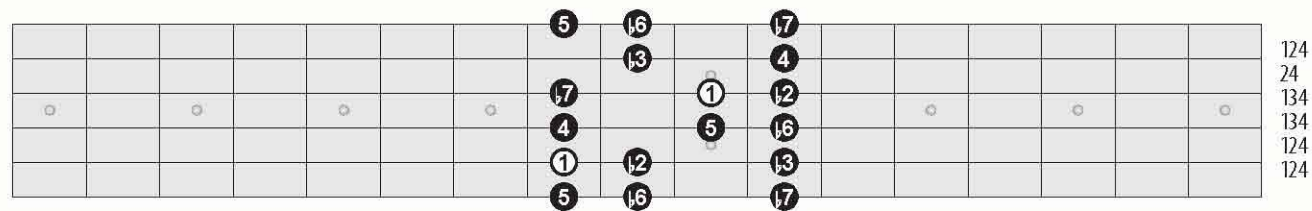
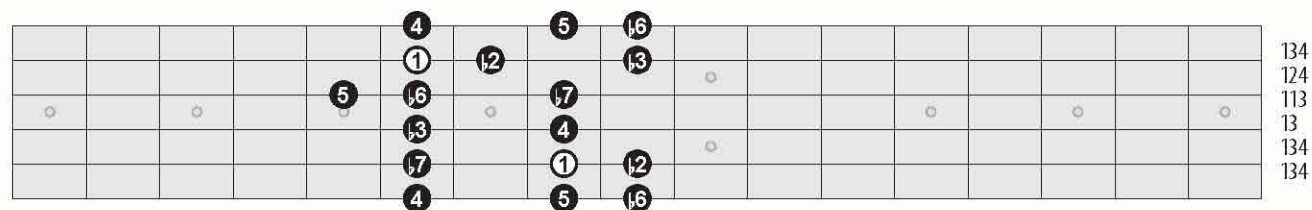
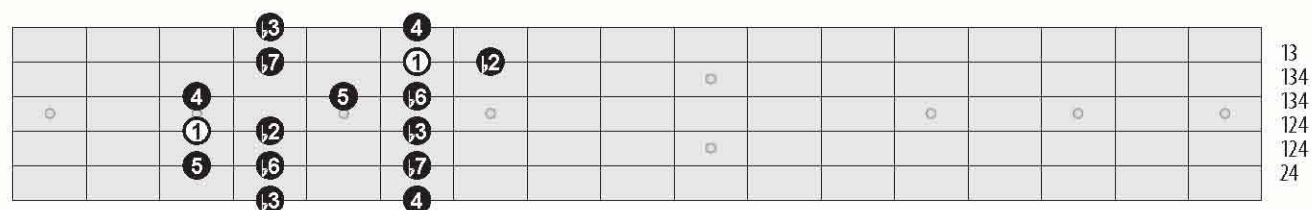
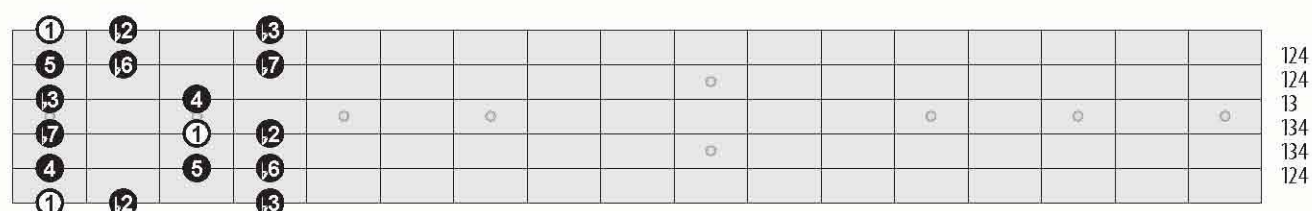
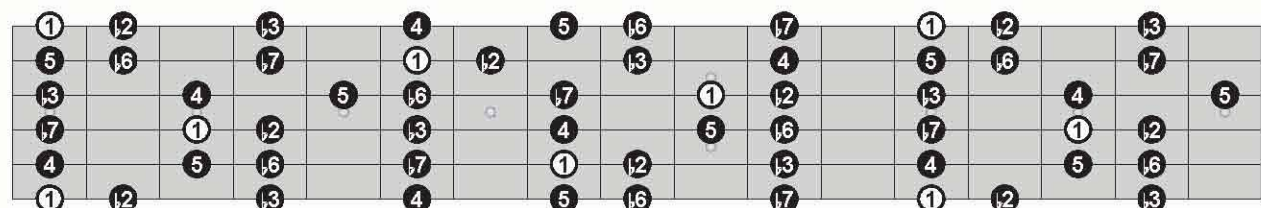
PATTERNS 1, 3, 5 ALONE OR OTHER 3-PATTERN COMBOS COVER THE ENTIRE NECK

Copyrighted material

Copyrighted material

PHRYGIAN

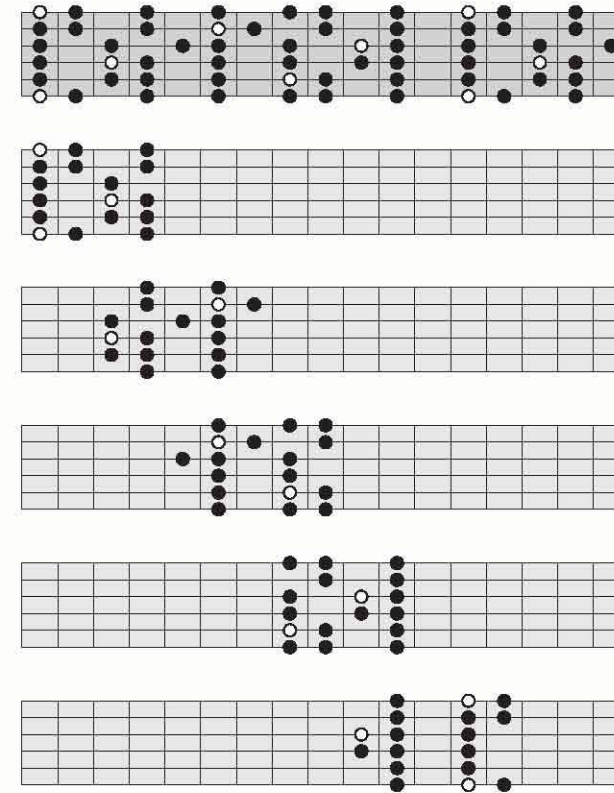
MODE 3 MAJOR



SCALES AT A GLANCE

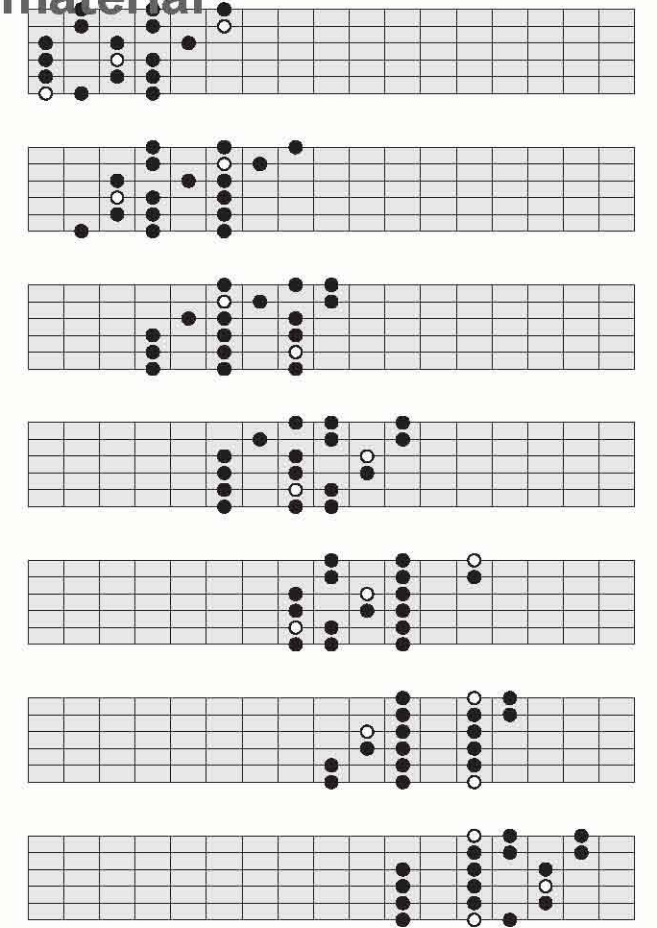
PHRYGIAN

1- \flat 2-- \flat 3--4--5- \flat 6-- \flat 7--8



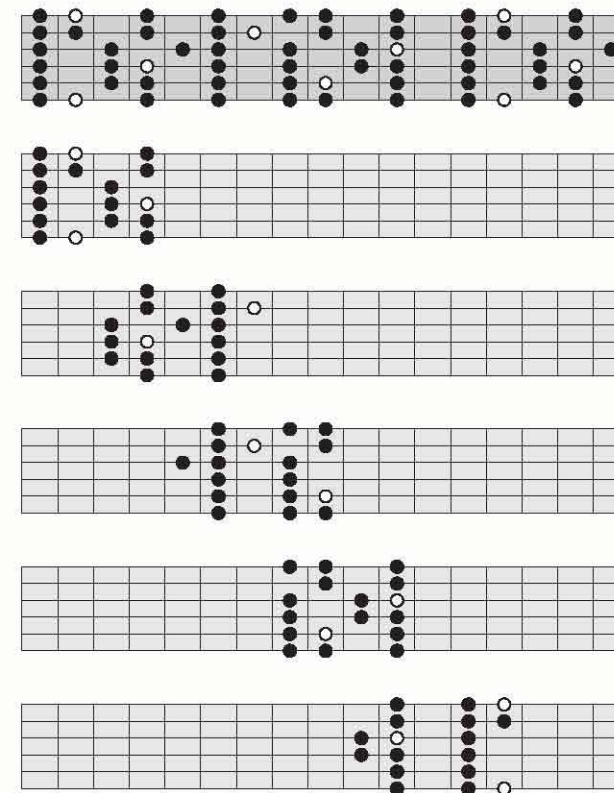
Copyrighted material

3M

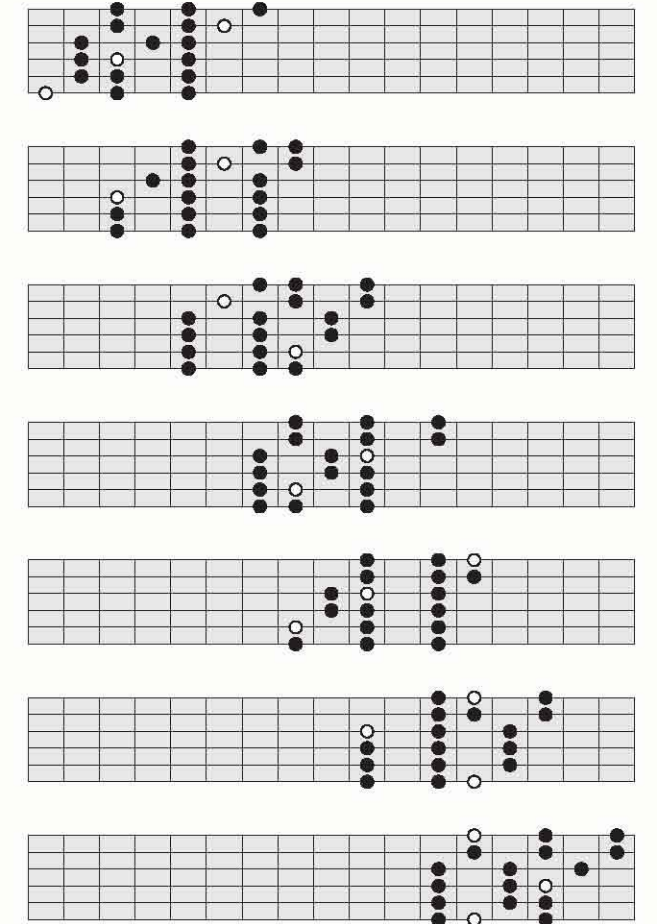


LYDIAN

1--2--3-- \sharp 4-5--6--7-8



4M



Copyrighted material

Copyrighted material